Practice log: tempo targets

Name: _____ Week of: _____ Next lesson: _____

Performance, exam or audition date: _____

PASSAGE (piece, bars)	CLEAN today	TARGET this week	FINAL tempo

Rule: move the metronome up only after 3 clean runs in a row at the current tempo.

DAY	MIN	PASSAGE	TEMPO	CLEAN RUNS	NOTES
Mon				____ / 3	
Tue				____ / 3	
Wed				____ / 3	
Thu				____ / 3	
Fri				____ / 3	
Sat				____ / 3	
Sun				____ / 3	

Practice order today: ☐ one passage at a time ☐ rotating passages

END OF WEEK

Recording made: ☐ yes Passage: _____ Tempo: _____

What improved: _____

What still breaks down, and where: _____

Plan for next week: _____

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